

Sabrina L Burress

2018 Curriculum Vitae

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Education

Eastern Mennonite University, Harrisonburg, Va Master of Arts, Counseling	graduated 2018
Liberty University, Lynchburg, Va Master of Arts, Human Services	conferred 2011
University of Phoenix, Phoenix, Az Bachelor of Science, Psychology	transferred 2010
National College, Harrisonburg, Va Associates of Science, Business Administration	conferred 2007

Core Accomplishments

Community Activism Working in and volunteering with community services groups to initiate, support, and promote healthy families and childhood development in an array of care settings. Special interest in work with at-risk and marginalized youth.

Public Relations Establishment and nurturing of relationships with individuals in the fields of education, counseling, non-profit agencies. Establish and manage collaborations with needs-based organizations to provide appropriate services for families in need.

Case Management Organize and maintain case notes, case studies, and treatment plans for youth under my services. Managing documentation requirements to include; monthly treatment and progress reporting, documentation as required by the juvenile court services, Medicaid and other funding sources, and maintaining informed correspondents with other members of each client's care coordination staff.

Program Coordination Management of clinical and non-clinical staff, creating relevant programming for supervisees, establishing and facilitating training and professional development, leading and collaborating on community engagement initiatives, research and implementation of state, federal, agency policies, procedures, and regulations.

Professional Experience

Wall Residences, Waynesboro, Va 2018-present

Regional Program manager

- Provide direct supervision to nine residential providers and 13 clients diagnosed with ID/DD
- Review provider documentations for accuracy, person-centered tone, and in accordance with clients' personal plans for support.
- Coordinating with over services providers, referral sources, and case managers.
- Manage client documentation including; plans for support, human rights reviews, medical/behavioral protocols.

Family Preservation Services, Verona, Va 2017–2018
Therapeutic Day Treatment (TDT) Program Coordinator
Behavioral Support (BTS) Program Coordinator
Safety Care Trainer

- Provided administrative supervision 15-20 full-time clinicians to ensure quality mental health services to school-aged children ages K-12 in 12 public schools in 2 counties.
- Managed client services including client assessments, treatment planning, service request and all coordinating documentation.
- Managed on-boarding training for TDT and BTS clinicians.
- Created and facilitated clinical training programs specific to clinicians’ areas of development.

Compass Counseling Services, Staunton, Va 2012-2017
Intensive In-home Clinician 2012-2017
New Employee Trainer/Clinical Staff Recruiter 2013-2017
Mental Health Skills Building (MHSS) Program Director 2016-2017

- Coordinated therapeutic services for children, ages 6-18 and their families to decrease the risk of out of home placement.
- Developed comprehensive treatment plans based on the client and family goals.
- Recruited through various web-based services, provided initial candidate screens, and conducted interviews of perspective employees.
- Provided new employee and continued training opportunities to clinicians at various stages of professional development.
- Facilitated leadership and supervision with in the MHSS program, including group and individual clinical supervision, treatment plan editing, auditing other documentation, collaborating with community mental health resource agencies.

Office on Youth Staunton, Va
Program Coordinator 2011

- Recruited, managed, trained and supported volunteer staff.
- Created and produced press releases, presentations and other print materials for program marketing.
- Built strategic alliances with multiple community partners and businesses
- Researched and developed educational materials for community education programs related to drug and gang violence.

Boys and Girls Club, Waynesboro, Va
Program Coordinator 2006-2008

- Coordinated programing for at-risk youth in the after-school/summer program settings.
- Provided therapeutic learning environment skills developments in academic excellence, pro-social skills development, and self-directed goal setting.

Other Professional Experience

- **Administrative Assistant**, Augusta Health Cardiology Fishersville, Va 2009-2011
- **Executive Assistant**, Merck and Co Inc. Elkton, Va 2007-2009
- **Assistant Director**, Creative Wonders Daycare Stuarts Draft, Va 2004-2006

Volunteer Experience

Volunteer educator/counselor 2011
Paths of Office on Youth-Staunton VA

Collaborated with program director to provide additional counseling, and learning opportunities for students placed in the program as a result of school expulsion. Worked primarily with you to develop and understanding of their behavioral issues, and them initiate action plans that would allow better functioning upon return to school.

Youth Outreach Worker 2001-2010
Staunton AUPC-Staunton, VA

Devoted numerous hours and resources to the development of a faith-based outreach program for youth ages 12-18 that provided an alternative environment for social development, personal growth, and counseling experiences. Targeted primarily children and families that did not have the benefit of health care services to facilitate care.

Child case manager 2010-2011
CASA for Kids – Staunton, VA

Paired and managed foster and biological families through CASA for kids programming, with appropriate resourcing, and health management programs in collaboration with court order planned for family/child rehabilitation, while attempting to reunite, or prevent permanent removal of children from the biological home, while maintaining the child's best interest was the paramount concern.

Program Coordinator 2006-2008
Boys and Girls Club – Waynesboro, VA

Coordinated programs for at-risk (being low functioning, learning impaired, socially maladjusted) children in collaboration with Boys and Girls Club of Waynesboro afterschool/ summer program to provide a therapeutic learning environment for children.

Youth Mentor 1995-1999
Valley Community Services Board Staunton, VA

Worked several years as a summer program director to develop and implement comprehensive summer programs for school age children to include educational activities, arts and crafts and learning programs, and behavioral development plans. Worked also during the school year mentoring at risk children, whose parents were being treated for mental disorders, and/or substance abuse issues.

Substitute Teacher 2010-2012
Waynesboro City Schools – Waynesboro, VA

Coordinate classroom learning for children from K-12 in accordance with Virginia Standards for learning Designed comprehensive behavioral models for classrooms based on socioeconomic diversities, learning deficits, and individual child needs.

Develop and maintain relationships with children and families outside the classroom when appropriate and necessary.

Trainings and Certificates

Motivational Interviewing trained 2017

Myers Briggs Type Inventory trained 2017

Career Work Traits Inventory trained 2017

Safety Care Specialist/Certified Trainer 2017-2018

Applied Suicide Intervention Skills Training certified 2017

Strategies for Trauma Awareness and Resilience training, Level I certified 2018

Professional Memberships

National Board of Certified Counselors

Minority Youth Fellow

Central Valley Counselors Association

Board Secretary-elect 2018-2019